

International Women's Day dialogue:

To mark International Women's Day, Nee Soon GRC organized a talk and dialogue in collaboration with the National Healthcare Group Polyclinics (NHGP), on how women can live healthily even as they age. Held on Sunday 5 March 2017 at Nee Soon South Community Club, Nee Soon GRC Grassroots Advisers Mr K Shanmugam, Minister for Home Affairs and Minister for Law and Er. Dr. Lee Bee Wah, were present to chat with 160 female residents.

NHGP's healthcare professionals from Khoo Teck Puat Hospital shared with residents on how women can manage their exercises and food intake to stay healthy even as they age. The Grassroots Advisers also took the chance to share on key highlights from the recent Budget 2017.

Er. Dr. Lee Bee Wah, Adviser to Nee Soon GRC Grassroots Organizations said: "Women are the center of many workplaces, families and communities, but they can only do so if they stay healthy. I hope this talk will provide our female residents with the information to protect themselves against diseases, and live a happy and long life."



